## **LOVE IN ACTION**



## DIGNITY AND EQUALITY OF EACH HUMAN PERSON

Sarah has long been retired and has been a parishioner at St Philomena's Church for most of her life. Her children moved away many years ago. Many of her friends have died, and those who still live close by struggle, like her, to get out of the house on

Six months ago, an older people's group started to meet on the first Sunday of the month at a different person's house for afternoon tea. Martin calls around to pick Sarah up, along with Nadine and Bill. Martin's always got a story to tell, walks Sarah to the car and back again. When they all get together they can't help but share stories of times gone by, have a good laugh, and share some of the struggles they're experiencing. Sarah feels valued and knows that she has love and support.

a day-to-day basis. Every day she prays for those she knows, and looks forward to Mary coming once a week to give her Communion. It makes her feel like she's still part of the parish.

Grant that we Christians may live the Gospel, discovering Christ in each human being,

Pope Francis, On Fraternity and Social Friendship

- Who are the people in our own community who are neglected?
- How might we put love into action and value their inner dignity?