



DIGNITY AND EQUALITY OF EACH HUMAN PERSON



- Stick a post it note or large label on everyone's back.
- Give everyone a pen.
- Everyone encouraged to walk around and write one positive thing on the person's back about them. Make sure everyone understands that it's about affirmation.
- Once people have done this, before they are allowed to look at what's on their backs, bring the group together in a circle for the opening prayer.

For the prayer

- You may wish to draw an outline of a body on the floor using chalk or masking tape. You could make it look like an outline of Christ.
- You need a piece of mirror card for each person in the group (A6/postcard size is fine) and some permanent markers.
- Begin with the sign of the cross.
- Invite someone to read Genesis 1:26-31.
- This is the very heart of what we call Catholic social teaching – how our faith challenges us to treat one another and the world. We believe that we are made in God's image and likeness. In a special way, we are part of God's family, lovingly made by God. As part of God's family, every other person – whether male or female, Catholic or not, from the UK or around the world, even if we've never met them – are our sister or brother. As part of the global family, we want to support and love each person. Simply by being born, everyone deserves our respect, even if we don't always think the same way or agree on things. All of us are equal before God. Lovingly and specially created by God.
- Invite people to look in their piece of mirror card, maybe bending it to see themselves properly, and realise how they are loved by God, created by God, full of gifts and unique talents, and yet equally special before God.
- Invite people to take the sticker from their back and to read the positive things others see in them, and to stick this onto their piece of mirror card.
- Ask people to sign their name across the piece of mirror card, as a sign of them acknowledging who they are, their unique worth, their specialness before God, and to place it either in the outline of the body, or around a lit candle. As they do so, remind them that we all make up the Body of Christ. Our community, locally and globally, requires all of us to play our unique part to enable all people to have the best lives they can.
- As people sit down, invite some people to read aloud "In all the world there is nobody, nobody like you" (see end of resource, you may wish to give this out on a handout).
- Pray together the 'Glory be', giving thanks to God for our own gifts and talents, and those of all in our group.