

DIGNITY



Differences of colour, religion, place of birth or residence cannot be used to justify the privileges of some over the rights of all

Pope Francis

**LOVE IN
ACTION**

God said, 'Let us make humankind
in our image, according to our likeness;
So God created humankind in his image, in the image of God
he created them;
male and female he created them.

Genesis 1:26-27

REFLECTION

We all have a unique worth not because of anything we do,
but because we are made by God.

In our community and world, where do we not see the
guideline of 'dignity and equality of each human person'
being upheld?

ACTION

How do we ensure all
people can live lives of
dignity?

How do we enable each
person to flourish?

PRAYER

Heavenly Father

Help us to see with your eyes,
to judge with the loving
heart of your Son, Jesus
Christ, and through your
Spirit to put love into action.

Amen

*what is thrown away are not only food and dispensable
objects, but often human beings themselves*

Pope Francis

CARE OF CREATION



We love this magnificent planet on which God has put us, and we love the human family

Pope Francis

**LOVE IN
ACTION**

In the beginning God created the heavens and the earth...
God saw everything that he had made and indeed it was very good.

Genesis 1

REFLECTION

We are stewards of creation, called to look after the world, including for future generations.

How do our actions harm the beauty of creation? How do these actions affect our sisters and brothers around the world?

ACTION

How do we care more lovingly for creation?

How do we re-connect with nature?

PRAYER

Heavenly Father

Help us to see with your eyes, to judge with the loving heart of your Son, Jesus Christ, and through your Spirit to put love into action.

Amen

Creation is not a property, which we can rule over at will; or the property of only a few: Creation is a gift, it is a wonderful gift that God has given us, so that we care for it and we use it for the benefit of all, always with great respect and gratitude.

Pope Francis

SOLIDARITY AND PEACE



How many wars take place in our
communities, even among Christians?

Pope Francis

**LOVE IN
ACTION**

Blessed are the peacemakers,
for they will be called
children of God.

Matthew 5:9

REFLECTION

As we look around us, where is there conflict and division?
Where in our hearts?
Where in our local community?
Where in our world?

ACTION

In our relationships with others, where do we need to make amends? Where do we need to bring peace to those around us?

PRAYER

Heavenly Father

Help us to see with your eyes,
to judge with the loving heart of your Son, Jesus Christ, and through your Spirit to put love into action.

Amen

[Solidarity] is not a feeling of vague compassion or shallow distress at the misfortunes of so many people, both near and far. It is a firm and persevering determination to commit oneself to the common good – the good of all and each individual because we are all really responsible for all.

St John Paul II

OPTION FOR THE POOR



We're called to find Christ in the
poor, to lend our voice, to be their
friends, to listen

Pope Francis

**LOVE IN
ACTION**

Blessed are you who are poor,
for yours is the kingdom of God.
Blessed are you who are hungry now,
for you will be filled.
Blessed are you who mourn now,
for you will laugh.

Luke 6:20-22

REFLECTION

When we think about our local community, who are the people living in poverty? In our global community, where are the people living in poverty? How do we treat them?

ACTION

How do we truly listen to people living in poverty? How do we learn from them? What can we do to support people living in poverty?

PRAYER

Heavenly Father

Help us to see with your eyes, to judge with the loving heart of your Son, Jesus Christ, and through your Spirit to put love into action.

Amen

When the Church talks of the preferential option for the poor, it means that we need always to keep in mind how any decision we make might impact the poor. But it also means we need to put the poor at the centre of our thinking.

Pope Francis

DIGNITY OF WORKERS



Work is fundamental, it 'anoints' us
with dignity, makes us similar to
God

Pope Francis

**LOVE IN
ACTION**

Take no gold, or silver, or copper in your belts,
no bag for your journey,
or two tunics, or sandals, or a staff;
for labourers deserve their food.

Matthew 10:9-10

REFLECTION

Are people around us enabled to work with dignity?

How do we treat people who work for us? Or the people who make the clothes we wear or coffee we drink?

ACTION

How do we help people to work with dignity?

What decisions and actions can we take to ensure people can work with dignity?

PRAYER

Heavenly Father

Help us to see with your eyes,
to judge with the loving
heart of your Son, Jesus
Christ, and through your
Spirit to put love into action.

Amen

Helping the poor financially must always be a provisional solution in the face of pressing needs. The broader objective should always be to allow them a dignified life through work

Pope Francis

COMMUNITY AND PARTICIPATION



From this crisis we can come out better or worse. We can slide backward, or we can create something new

Pope Francis

**LOVE IN
ACTION**

'Lord, when did we see you hungry or thirsty, a stranger or naked, sick or in prison and help you?'
'Truly I tell you, when you did this to one of the least of these members of my family, you did it to me.'

Matthew 25

REFLECTION

What springs to mind when you think of community?

Who comes to mind?

How are you involved in your community?

ACTION

What would you like to see change in your local community? How could you do it?

How might other people be enabled to be active members of your community?

PRAYER

Heavenly Father

Help us to see with your eyes, to judge with the loving heart of your Son, Jesus Christ, and through your Spirit to put love into action.

Amen

We need a movement of people who know we need each other, who have a sense of responsibility to others and to the world. We need to proclaim that being kind, having faith, and working for the common good are great life goals that need courage and vigour

Pope Francis

LOVE IN
ACTION



Step forward in love

Pope Francis

LOVE IN ACTION

HEAVENLY FATHER

Help us to see with your eyes,
To judge with the loving heart of
your Son, Jesus Christ,
And through your Spirit to put love
into action.

AMEN.

