## INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN 2024

& 16 DAYS OF ACTIVISM

Between 25th November to 10th December are 16 days when we remember and pray for all women and girls harmed by the violence of men.

If you or someone you know might need support please contact:

National Domestic Abuse helpline: 0808 2000 247 www.nationaldahelpline.org.uk

Live Fear Free Helpline (Wales): 0808 8010 800 www.gov.wales/live-fear-free

Rape Crisis: 0808 500 2222 www.rapecrisis.org.uk

Safe in Faith www.caritaswestminster.org.uk/safe-in-faith

66

Domestic violence is "a poisonous weed that plagues our society, and must be torn out at the roots."

Pope Francis on Domestic Abuse, 2023

99





