

February 2026
4th Sunday of Year A
Canon Shaun Lennard

Working with Deaf, Deafblind and Hard of Hearing people of all ages, to facilitate and enable them to participate fully in the life of the Church, sharing their own gifts.



Change; it happens to all of us. This month we say farewell to Cardinal Vincent Nichols as he retires and welcome Archbishop elect Richard Moth. We thank Cardinal Nichols for his support and pray for him to have a long and blessed retirement. We pray for Archbishop elect Richard Moth as he begins his new role here in Westminster Diocese.

“Lord Jesus Christ, Good Shepherd and High Priest, we thank you for calling Bishop Richard Moth to serve as our new Archbishop of Westminster. Grant him wisdom, strength, and a deep love for you as he prepares to lead our diocese. Amen”



Deaf Community Mass in Westminster Cathedral Hall

Join us on Sunday 1st February 4.30pm
at Westminster Cathedral Hall, Ambrosden Avenue, Victoria SW1P 1QH

Please do not come to Mass if you are not well
with something that other people might catch e.g. flu, Covid, upset stomach



THANK YOU VERY MUCH FOR YOUR DONATIONS LAST MONTH
Collection £86.21 Mary's Meals £5.02 ADVP £6.05

Want to donate online? <https://caritaswestminster.org.uk/deafservice/donate/>

CARITAS DEAF SERVICE

Shell Roca SMS: 07779 341136 Email: michelleroca@rcdow.org.uk
 Vaughan House, 46 Francis Street, London SW1P 1QN

Sarah Metcalfe SMS: 07936 939523 Email: sarahmetcalfe@rcdow.org.uk
 St Joseph's Pastoral Centre, St Joseph's Grove, The Burroughs, Hendon, London NW4 4TY

Safeguarding is everyone's responsibility
If you have any safeguarding concerns please contact a member of the team

Advisory Group:
 Canon Norbert Fernandes, Chair wgc@rcdow.org.uk

www.caritaswestminster.org.uk/deafservice

www.facebook.com/wddservice



@CaritasDeaf



@deafservice5095

Mass in Word and Sign at St Mary and St Michael, Commercial Road

Sunday 8th February 10.30am
at 2 Lukin Street, Commercial Road E1 0AA

How to get there: The nearest bus stops are 15, 115 and 135
The nearest train and DLR stations are Shadwell



Mass in Honour of Our Lady of Lourdes Includes Anointing of the Sick

Saturday 7th February
Mass starts at 2pm *You must be seated by 1.30pm

in Westminster Cathedral, Victoria Street, London SW1P 1QW

Interested?
Book your seat or wheelchair space today



Skylar has completed her first year Altar Serving.
She has now been enrolled in the national Guild of Altar Servers.

Spiritual Communion

A prayer written by Saint Alphonsus Liguori in the 18th century for times when we cannot receive
Holy Communion e.g. you are ill or watching Mass online

My Jesus, I believe that you are present in the most Blessed Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot now receive You sacramentally, come at least spiritually into my heart.
I embrace You as if You were already there, and unite myself wholly to You.
Never permit me to be separated from You. Amen.

There are other online signed Masses that you can watch. Please check on each website for full details

- Fr Paul Fletcher SJ, Jesuit Oratory, Manchester 8am

Watch live on Zoom details: Meeting ID 976 2057 9331 Passcode CDA-1971

Watch any time after 10.30am <https://www.youtube.com/channel/UCPp6JYixqJsWkiCQ2OdLzhg>
or follow the Catholic Deaf Association on Facebook

- Fr Patrick Devlin, Hannahstown Parish, Belfast (St Joseph's Church webcam) Sunday 11.30am
<https://www.parishofhannahstown.com/copy-of-mass-times>

Bible Study

Join us on **Tuesday 10th February**
11.30-1pm



Vaughan House 46 Francis Street, London SW1P 1QN

Also available at 11.30am on Facebook and YouTube or SMS to ask for a printed copy

Join us as we discover more about the bible together



Deaf Lunch Club

Tuesday 17th February
11am - 3.30pm in the Hinsley Room



If you want to join this group please come and chat to Shell

On the day: - Please SMS before 9am

Shell or Sarah to let us know that you are coming so we can cater for the right number of people

Please don't come if you feel unwell, have Covid or flu symptoms, or have an upset stomach



Ash Wednesday

Sign-Interpreted Mass 18th February 12.30pm

In Westminster Cathedral, Victoria Street, London SW1P

To book your seat contact Shell

Stations of the Cross

Join us in Westminster Cathedral at 3pm at the first Station near the Blessed Sacrament Chapel
on the following Fridays: 6th and 27th March



Pick up your copy of the Stations of the Cross leaflet today

Alternatively, you can watch and pray the Stations on our YouTube channel



<https://www.youtube.com/@deafservice5095/playlists>

Signs of Hope..



Deaf Counselling

**Do you have a problem you would like
to talk to someone about confidentially?**

**Do you need some support through a difficult
time in your life?**

**Do you find it difficult to cope with life
sometimes? Maybe counselling would help**

 **Caritas
Hope**

Counselling is fully confidential, Deaf-Aware and available in BSL, SSE, Deafblind Manual Alphabet or Spoken English (mini-loop available).

Contact: Nikki Dhillon Keane email: signsofhope@rcdow.org.uk sms: 07936 939522

Vaughan House, 46 Francis Street, London SW1P 1QN

Any counsellor working for Westminster diocese is fully qualified and either BACP accredited or eligible for BACP accreditation. All counsellors would follow the BACP Code of Ethics and Practice

Jesus saw the crowds, he went up the hill and sat down. His disciples sat around him. Jesus began to teach the people:

"The people that are poor in spirit, they will be blessed, because the kingdom of heaven belongs to them. The people that are gentle, they will be blessed, because they will receive everything from the Lord. The people that mourn, they will be blessed, because God will comfort them. The people that want justice, they will be blessed, because God will satisfy them. The people that are merciful, they will be blessed, because God will be merciful to them. The people that are pure in heart, they will be blessed, because they will see God. The people that make peace, they will be blessed, because they will be called children of God. The people that want to do good things but suffer, they will be blessed, because the kingdom of heaven belongs to them. If you suffer because other people persecute you, hurt you and criticise you because you follow me, you will be blessed. Rejoice with me, because I will give you a great reward in heaven."

Hidden in the word search are words from the Gospel reading above including one extra word.

See if you can find them!

R	E	A	A	E	U	Y	Y	Q	T	S	N	G	C
E	S	V	W	A	F	N	K	O	R	D	E	O	H
V	C	V	I	S	W	I	M	L	O	R	A	E	I
J	X	I	I	E	N	L	Y	S	F	A	L	H	L
T	D	T	O	G	C	Y	M	P	M	W	M	N	D
Y	A	K	D	J	K	E	B	E	O	E	M	K	R
S	Q	O	W	G	E	L	R	O	C	R	L	H	E
K	M	H	H	V	E	R	T	P	X	M	Y	V	N
W	I	A	E	S	W	O	L	L	O	F	R	F	S
N	A	Y	S	N	Y	Q	H	E	V	K	O	L	G
K	F	E	F	K	U	Q	D	X	E	Y	G	S	R
E	D	S	G	N	O	L	E	B	H	N	B	A	B
M	O	F	A	M	T	Z	D	Q	O	E	Y	D	D
L	K	G	K	M	E	R	C	I	F	U	L	W	P

CHILDREN
KINGDOM

COMFORT
MERCIFUL

PEOPLE
SATISFY

BLESSED
REWARD

FOLLOW
BELONGS

RECEIVE
SEE

The hidden word in January GRACE