

Working with Deaf, Deafblind and Hard of Hearing people of all ages, to facilitate and enable them to participate fully in the life of the Church, sharing their own gifts.



**May 2026**  
**5<sup>th</sup> Sunday of Easter Year A**  
**Canon Norbert Fernandes**

During the Easter season, we stop praying the Angelus but pray the Regina Caeli a special prayer that focuses on Christ's resurrection. The author is unknown but there is evidence of its use in the 12<sup>th</sup> Century. It is also thought that the Franciscan order began using the prayer in the 13<sup>th</sup> Century as part of their evening prayers.

**Regina Caeli Prayer**

Queen of heaven, rejoice, alleluia. **The Son whom you merited to bear, alleluia,**  
Has risen as he said, alleluia. **Pray for us to God, alleluia.**

Rejoice and be glad, O Virgin Mary, alleluia. **For the Lord has truly risen, alleluia.**

Let us pray. **O God, who have been pleased to gladden the world by the Resurrection of your Son our Lord Jesus Christ, grant, we pray, that through his Mother, the Virgin Mary, we may receive the joys of everlasting life. Through Christ our Lord. Amen**

**Deaf Community Mass**  
**in Westminster Cathedral Hall**

Join us on Sunday 3<sup>rd</sup> May 4.30pm  
at Westminster Cathedral Hall, Ambrosden Avenue, Victoria SW1P 1QH

Please do not come to Mass if you are not well  
with something that other people might catch e.g. flu, Covid, upset stomach



**THANK YOU VERY MUCH FOR YOUR DONATIONS LAST MONTH**  
**Collection £113.04    Mary's Meals £13.20    ADVP £10.74**

**Want to donate online? <https://caritaswestminster.org.uk/deafservice/donate/>**

**CARITAS DEAF SERVICE**

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St Joseph's Pastoral Centre, St Joseph's Grove, The Burroughs, Hendon, London NW4 4TY

**Safeguarding is everyone's responsibility**

**If you have any safeguarding concerns please contact a member of the team**

**Advisory Group:**

Canon Norbert Fernandes, Chair [wgc@rcdow.org.uk](mailto:wgc@rcdow.org.uk)

**[www.caritaswestminster.org.uk/deafservice](http://www.caritaswestminster.org.uk/deafservice)**  
**[www.facebook.com/wddservice](https://www.facebook.com/wddservice)**



**@CaritasDeaf**



**@deafservice5095**

## Mass in Word and Sign at St Mary and St Michael, Commercial Road

Sunday 10<sup>th</sup> May 10.30am  
at 2 Lukin Street, Commercial Road E1 0AA

How to get there: The nearest bus stops are 15, 115 and 135  
The nearest train and DLR stations are Shadwell



### Feast of the Ascension of the Lord

Sign-Interpreted Mass Thursday 14<sup>th</sup> May  
at 12.30pm in Westminster Cathedral

Contact Shell today to reserve your seat



### Westminster Prayer for Priestly Vocations

(Pray each week until Pentecost for men to be open to God's call, those currently thinking about the priesthood, seminarians and for all priests in the Diocese)

God our Father, You give us the Sacraments as signs and instruments of your love and mercy.  
Draw from amongst your disciples men who are willing to serve your Church generously  
as priests in the Diocese of Westminster, to minister to your people and to proclaim  
the Gospel to all.

Send your Spirit to guide and strengthen them, to be their companion on the journey, as they  
discern your will for their lives. This prayer we make through Christ our Lord. **Amen**

Our Blessed Lady Immaculate

**Pray for us**

St John Southworth

**Pray for us**



### May is a Marian month

Pick up your copy of the Rosary leaflet today



### Spiritual Communion

A prayer written by Saint Alphonsus Liguori in the 18<sup>th</sup> century for times when we cannot receive  
Holy Communion e.g. you are ill or watching Mass online

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.

There are other online signed Masses that you can watch. Please check on each website for full details

- Fr Paul Fletcher SJ, Jesuit Oratory, Manchester 8am

Watch live on Zoom details: Meeting ID 976 2057 9331 Passcode CDA-1971

Watch any time after 10.30am <https://www.youtube.com/channel/UCPp6JYixqJsWkiCQ2OdLzhg>

or follow the Catholic Deaf Association on Facebook

- Fr Patrick Devlin, Hannahstown Parish, Belfast (St Joseph's Church webcam) Sunday 11.30am

<https://www.parishofhannahstown.com/copy-of-mass-times>

## Bible Study

Join us on  
Tuesday 12<sup>th</sup> May 11.30-1pm



Vaughan House 46 Francis Street, London SW1P 1QN

Also available at 11.30am on Facebook and YouTube or SMS to ask for a printed copy

Join us as we discover more about the bible together



## Deaf Lunch Club

Tuesday 19<sup>th</sup> May  
11am - 3.30pm in the Hinsley Room  
If you want to join this group please come and chat to Shell



On the day: - Please SMS before 9am

Shell or Sarah to let us know that you are coming so we can cater for the right number of people  
Please don't come if you feel unwell, have Covid or flu symptoms, or have an upset stomach



## CDA Annual Walsingham Pilgrimage Saturday 16<sup>th</sup> May 2026

Join us for the pilgrimage to this historic and pretty village

**Coach leaves from Victoria at 7.30am**  
(Meet in McDonald's)

**Please note due to the march planned in London that day, we can no longer stop at Redbridge.**

The cost for the return journey is:  
£25 per adult or £15 per child (under 18)  
\*Payments must be paid in advance and are Non-refundable\*

**Book your place today**



Signs of Hope...



Deaf Counselling

Do you have a problem you would like  
to talk to someone about confidentially?  
Do you need some support through a difficult time in your life?  
Do you find it difficult to cope with life  
sometimes? Maybe counselling would help



Counselling is fully confidential, Deaf-Aware and available in BSL, SSE, Deafblind Manual Alphabet or Spoken English (mini-loop available).

Contact: Nikki Dhillon Keane [email: signsofhope@rcdow.org.uk](mailto:signsofhope@rcdow.org.uk) sms: 07936 939522

Vaughan House, 46 Francis Street, London SW1P 1QN

Any counsellor working for Westminster diocese is fully qualified and either BACP accredited or eligible for BACP accreditation. All counsellors would follow the BACP Code of Ethic and Practice

**Acts 6:1-7****1 Peter 2:4-9****John 14:1-12**

Jesus said to his disciples, "Do not let your hearts be troubled. Trust God, and trust me. There are many rooms in my Father's house. I would not tell you this if there were no rooms. I am going there to prepare a place for you. And after I have gone and prepared a place for you, I will come back and take you myself, so that you will always be with me. You know the way to the place I am going."

Thomas said, 'Lord, we don't know where you are going, so how can we know the way?' Jesus answered, 'I am the Way, the Truth and the Life. No one can come to the Father but only through me. If you know me, you also know my Father. Now you know him and you have seen him.'

Philip said to Jesus, 'Lord, let us see the Father and then we shall be satisfied.' Jesus said to him, 'Philip, I have been with you for a long time and still you don't know me? If you have seen me, you have seen the Father. So why do you say, "Let us see the Father?" Do you really believe that I am in the Father and the Father is in me? The words I spoke to you, they are not my words. These words are from the Father. He lives in me and He is working through me. You must believe that I am in the Father and the Father is in me. If you can't believe, then try and believe because of the things I did. I tell you the truth, any person that believes in me will do the same work as myself. Yes, that person will do greater works, because I am going to the Father.'

**Hidden in the word search are words from the Gospel reading above including one extra word. See if you can find them!**

P	C	Q	M	Y	S	E	L	F	P	O	H	I	R
Y	D	M	S	Q	K	P	H	I	L	I	P	B	U
L	I	F	E	R	O	O	M	S	Y	G	G	E	B
F	N	G	R	P	R	E	P	A	R	E	O	L	G
X	H	O	Z	W	P	L	A	C	E	H	R	I	O
Y	E	N	T	S	W	T	R	O	U	B	L	E	D
E	R	E	R	H	W	A	Y	O	C	H	T	V	A
R	N	F	U	S	O	Y	L	N	W	O	H	E	K
D	B	W	S	P	W	A	H	C	F	U	O	B	K
x	T	B	T	B	H	Y	Y	J	A	S	M	Z	N
K	P	R	N	A	M	V	M	Y	T	E	A	Y	O
R	Y	H	U	U	T	Y	E	P	H	K	S	F	W
L	F	G	X	T	D	O	J	O	E	X	P	J	C
U	S	V	G	L	H	B	K	T	R	V	T	C	Y

TROUBLED THOMAS  
PREPARE PHILIP

FATHER  
BELIEVE

TRUTH  
HOUSE

TRUST  
PLACE

ROOMS  
MYSELF

LIFE  
GONE

WAY